

Building a Safety Net for Rural Care

# Rural Health Transformation



## A Strategy for Rural Health Enablement

We're on a mission to help rural healthcare organizations thrive through connected care models that extend the reach of scarce clinical resources. We'll work with you to develop digital health infrastructure that offsets staffing, patient attrition, and access challenges today and sets the stage for sustainable care moving forward.



We are bringing critical care expertise directly to our patients' bedsides, day or night. By investing in tele-intensivist services and leading technology, we're able to treat higher-acuity patients right here at Starr Regional Medical Center. This aligns with our mission to make communities healthier by delivering specialized care close to home.

– John McLain, Chief Executive Officer  
Starr Regional Medical Center  
[Read the Case Study here](#)

## Caregility supports these 10 approved uses of Rural Health Transformation Program (RHTP) funds:

1. Evidence-based diabetes/stroke protocols. AI-powered prevention tools. Predictive chronic/preventive risk detection.
2. Reimbursable virtual visits and telehealth encounters.
3. Portals and monitoring tools. Smart-room patient engagement.
4. Training for telehealth/AI adoption.
5. Reduction of workforce burden with virtual assistance to increase retention and decrease turnover.
6. ISO/SOC2/HIPAA-certified infrastructure.
7. Shared hubs optimize service lines.
8. Virtual behavioral health expansion. Analytics guide service allocation. AI monitoring supports behavioral health/SUD.
9. Supports value-based care contracts. Virtual opioid/SUD monitoring. Prevention-first models.
10. Scalable with automation to sustain access. Future-ready innovation.

## Rural Health Transformation Program Support

RHTP Priority	Caregility Capability
Access and Outcomes: Home, MD/NP clinics, psychiatric clinics, urgent care, hospitals, long-term care, and rehabilitation centers	Virtual Consults, Virtual Nursing, Virtual Observation, Hospital @ Home
Emerging Technology and Prevention	AI-enabled predictive alerts, Patient fall and risk monitoring for intervention
Partnerships and Scalability	Epic and other EHR integrations, Embedded workflows
Workforce and Recruitment	Technology supports retention and recruitment, Access to networks of providers
Care Close to Home	Deliver care in the home or at a nearby clinic, Remote specialist access anytime
Financial Solvency	Modular deployments, ROI dashboards
Addressing Hospital Decline	Operational insights, Risk analysis

## Supporting RHTP Goals

The Caregility Connected Care™ Platform supports these five pillars of the Rural Health Transformation Program (RHTP):

**Make Rural America Healthy Again:** Caregility virtual nursing, tele-specialists, and remote monitoring improve chronic disease, maternal, and behavioral health management and enable specialty consults (neuro, psych, cardiology, nephrology, etc.).

**Sustainable Access:** A State-based connected care hub from Caregility reduces costs and keeps hospitals viable. Automation reduces sitter and documentation costs and prevents avoidable admissions, preserving capacity. Providing tele-obstetric consults, remote prenatal monitoring, and behavioral health integration improves maternal health and prenatal outcomes.

**Workforce Development:** Caregility enables virtual workflows for rural healthcare that reduce burnout, extend careers for experienced nurses, and offload tasks, improving clinician satisfaction. By reducing bedside burden and allowing seasoned clinicians to practice remotely, nurses can work at the top of their license, while rural hospitals retain staff who may otherwise leave.

**Innovative Care:** Caregility's hybrid workflows align with ANA principles to support value based care models that target prevention and safe practices while reducing workforce burden.

**Tech Innovation:** Caregility's secure, compliant infrastructure integrates telehealth and AI, giving high reliability and availability regardless of rural broadband constraints. Secure, HIPAA-compliant infrastructure integrates telehealth, remote monitoring, and consumer portals statewide. Computer vision and IoT extend advanced technology with edge computing and predictive AI.

## Transformative Telehealth

The award-winning Caregility Connected Care™ platform enables remote patient monitoring, virtual engagement, and AI-assisted collaborative care models that amplify staff reach and improve patient access in rural hospital settings.



### Virtual Observation

Monitor multiple patients simultaneously to prevent falls and reduce patient safety risks.



### Virtual Nursing

Maximize resources with collaborative care models that balance tasks between remote and bedside teams.



### Tele-ICU

Bring remote specialists in on demand for virtual critical care assessments.



### Tele-ED

Enable remote triage models to speed care in the ER and keep patients local.



### Language Services

Access remote interpreters to support patient engagement in their preferred language, including ASL.



### Patient Family Engagement

Bring patient family into care planning to support recovery and reduce the chance of bouncebacks.

## Learn More About Innovative Solutions for Rural Health

We welcome the opportunity to walk your team through connected care solutions that support rural access, patient safety, and staff experience. [Set up a discovery call today!](#)

